

**BARNARD CASTLE RAMBLERS ASSOCIATION**  
**WALKS/EVENTS PROGRAMME: MARCH TO JUNE 2012**

The meeting point for walks is Barnard Castle Health Centre Car Park (unless otherwise stated) Richardson Fields,  
 Victoria Road (Grid Ref: NZ 055 167)

Parking by kind permission of the Health Centre (Weekends and Bank Holidays only)

<p><b>Saturday March 3<sup>rd</sup></b></p> <p>Meet the leaders in Piecebridge (Grid Ref: NZ 210159 near the Carlbury Arms) at approx 9:50am off the No. 76 bus from Barnard Castle. Allens Grange, Lower Chapel House, Boat Lane, Low Fields. 7.5 moderate miles of fields, tracks and minor roads. Leaders Joan and Ian. Tel. 01833 637825. Mobile on the day 07745451198.</p>
<p><b>Saturday 10<sup>th</sup> March - Walk 1</b></p> <p>Leave the Health Centre at 9:00 am to meet the leader 10:00 am at West Witton, park in lay-by on A684 at East end of village (Grid Ref SE 067 885). Some on street parking available in the village opposite the Fox and Hounds. Walk to begin at the Capple Bank footpath opposite the bus stop. Capple Bank, Melmerby, Penhill. 8 moderate miles and 1150 feet of ascent. Exposed and may be windy. Leader – Sean 01325 251106 or 07582 859356</p>
<p><b>Saturday 10<sup>th</sup> March - Walk 2</b></p> <p>Meet the leader at 1:15pm in Staindrop (No 75 bus from Darlington, Tubwell Row at 12:38pm or Barnard Castle, Galgate, at 12:48 ) for a 4 mile leisurely walk – Sudburn Beck and Field paths round the village. Optional teashop afterwards. ARRIVA bus times for return journey available from ARRIVA web site or Leader Jo: Tel:01833 637756.</p>
<p><b>Saturday 17<sup>th</sup> March</b></p> <p>Leave the Health Centre at 9.00 am. Meet leader 10:00 Marske GR NZ 103 004 - Downholm Bridge, Low Oxque, Nun Cote Nook. 9 miles Moderate. Can be shortened. Leader: Frances Tel: 01833 631361 Mobile : 07531 061 029</p>
<p><b>Saturday 24<sup>th</sup> March</b></p> <p>North Yorks./South Durham Ramblers Association Area AGM 2:00 pm at Methodist Church Hall , Dawson Street, Crook. A morning walk arranged by Crook and Weardale Ramblers (4-5 miles) will start from the hall at 11am</p>
<p><b>Saturday 31<sup>st</sup> March</b></p> <p>Leave the Health Centre at 9:00 am. Meet the leader at centre of West Burton (Grid Ref: SE 017 866) for 10:00 am start. West Burton – Aysgarth Falls - Penhill 11 Miles Moderate. Leader: Irene Tel: 01677 460089.</p>
<p><b>Wednesday 4<sup>th</sup> April Slide Show "Iceland and Greenland" by Joan and Ian Martin.</b></p> <p>7.30pm in the Methodist Church Hall, Barnard Castle. Admission including tea/coffee £3. Everyone welcome.</p>
<p><b>Good Friday 6<sup>th</sup> April 2 Walks from The Bowes Museum, Café Bowes afterwards Parking in the grounds of the museum.</b></p> <p><b>A-Walk</b> - Meet the leader at the Main Door of The Bowes Museum, to start at 9:00am for a Circular via Whorlton and the River Tees, 9 moderate miles. Leaders Joan and Ian. Tel. 01833 637825. Mobile on the day. 07745451198</p> <p><b>B-Walk</b> - Meet the leader at the Main Door of The Bowes Museum, to start at 10:00am</p> <p>A short walk around historical Barnard Castle. This walk will explore alleyways, footpaths and side roads and we will see various historical sites. 2 easy miles. Leader John Tel. 01833 650034. Mobile on the day 07766583832.</p>
<p><b>Saturday 7<sup>th</sup> April</b></p> <p>Leave the Health Centre at 9:15 am to meet the leader at Hanging Shaw car park, Forest in Teesdale. Grid Ref: NY 867 298, at 10:00. Widdybank Farm, Cronkley Fell, High Force, Ettersgill. 9.5 miles moderate walk with one long steep climb. Leader Lynda Tel:01833 640258 Mobile on day:07813697906.</p>
<p><b>Easter Monday 9<sup>th</sup> April</b></p> <p>Leave the Health Centre at 9.00 am. Meet leader at 10.00am at lay-by near CB hotel, Langthwaite, Arkengarthdale, Grid Ref: NY 999 031. 9 Moderate miles via High Faggergill, Baxton Knab, Dale Head, Whaw. Leader: Frances Tel: 01833 631361 Mobile on day of walk: 07531 061 029</p>
<p><b>Thursday April 12<sup>th</sup></b></p> <p>Meet at 9:00 am in John Street, Barnard Castle. Cars to Newbiggin on Lune Grid Ref NY 704 053 for 10am start. Friars Bottom, Smardale Bridge, Smardale Fell, Smardale Nature Reserve. 8 moderate miles. Finish off with tea and cake, at Lune Springs Garden Centre. Leaders Joan and Ian. Tel. 01833 637825. Mobile on the day. 07745451198</p>

<p><b>Saturday 14<sup>th</sup> April - Walk 1</b></p> <p>Leave the Health Centre at 08:30 to meet the leader at 10:00am Great Ayton Tourist Information Centre - Railway walk. Return past Roseberry Topping (not up it!) Tea &amp; Cakes back at Leaders (Members Only): Joan and Tony Tel:01642 723515</p>
<p><b>Saturday 14<sup>th</sup> April - Walk 2</b></p> <p>11.00am Middleton in Teesdale Working Mens' Club CP (west of Hudeshope bridge on B6282). Scarlet Band bus 96 ex Galgate 10.20am. 3 leisurely miles beside the Tees, fieldpaths and village paths. Optional refreshments afterwards. Leader: Jo Tel: 01833 637756</p>
<p><b>Saturday 21<sup>st</sup> April</b></p> <p>Leave the Health Centre at 07:50 am. to meet the leader at Edmundbyers 9:00 am (in lay-by down from Church, Grid Ref: NZ 014 497) Approximately 10 moderate miles – Muggleswick and return via Derwent Reservoir. Confirm with leader beforehand if weather forecast is bad. Leader Maggie: 07759 033088.</p>
<p><b>Monday 23<sup>rd</sup> April – Friday 27<sup>th</sup> April Group visit to Dalegarth, Buttermere.</b></p> <p>Booking via Maureen Tel:01833 637601. further info on Web Site when available:</p>
<p><b>Saturday 28<sup>th</sup> April</b></p> <p>Meet at Health Centre at 9:00am. Cars to Masham Market Place to meet leader at 10.00am to catch 10.10am vintage bus to East Witton.(BRING BUS PASS) Walk via East Witton Moor, Ellingstring and High Ellington. 10 moderate miles with 1 climb. Leader Mike C. 01642 321205</p>
<p><b>Thursday 3<sup>rd</sup> May</b></p> <p>Meet the leaders in Galgate, Barnard Castle. (near 54 Degrees North) at 9:55 to catch the 10:05 Richmond bus to Hartforth for the linear walk into Richmond via Jagger Lane, Gillingwood Hall and Aske Park. 5 moderate miles. Time to look round Richmond before catching the 15:53 bus back to Barnard Castle. (Alternatively, join the leaders returning via Darlington on the bus). Leaders Joan and Ian. Tel. 01833 637825. Mobile on the day 07745451198. (Bring Packed Lunch).</p>
<p><b>Saturday 5<sup>th</sup> May</b></p> <p>Leave the Health Centre at 08:30 am for car share to meet the leader at 10am - the National Park Walltown Quarry car park (charges apply). Hadrian's Wall from Cawfields / Walltown Quarry Grid Reference: NY 668 660 (The car park just off the military road near the Military Museum). A hard circuit – c.12.5 miles. If anyone want to do a shorter route they can meet the group at c.11am at Steel Rigg car park – please inform leader if this is your intention. Will head east along the wall to the Pennine Way and then return via Greenlee Lough. Leader Maggie: 07759 033088.</p>
<p><b>Saturday 12<sup>th</sup> May</b></p> <p>Meet at Health Centre at 9:15. to meet Leader at Romalldkirk Village Centre 9:45. Parking also available in lay-by 250yds east of Romalldkirk (GR NY 995 216). Circular Walk via Balderhead – Cotherstone - Teesdale Way and Old Railway. 9 moderate miles may be shortened to 7 miles bypassing Cotherstone. Leaders: Tom and Richard. Tel:01833 660780 Mob:07932 180575.</p>
<p><b>Sunday 13<sup>th</sup> May</b></p> <p>Meet at Health Centre at 9:30 for car-share to Egglestone Grid Ref NY 999 238. Start at village centre 10:00am. 4 leisurely miles via Teesdale Way, River Tees, woodland and meadows. Lots of historical and other interest. Leader Jo: Tel: 01833 637756</p>
<p><b>Saturday 19<sup>th</sup> May</b></p> <p>Meet at Health Centre at 9:20am. Cars to meet leader at Great Ayton Railway Station (Grid Ref NZ 574 108) for 10:55am train to Kildale. Walk via Kildale village, Quarry Hill, Sleddale, Highcliffe and Hanging Stone. Back to leaders for tea and cakes(Members Only). 10 moderate miles with hills. Leader Joan C. Tel: 01642 321205.</p>
<p><b>Saturday 26<sup>th</sup> May - 2 Walks from The Bowes Museum - Café Bowes afterwards. Parking in grounds of Museum.</b></p> <p>A-Walk Start at 9:00am Lartington Circular 8 moderate miles Leader: Joan and Ian . Tel. 01833 637825. Mobile on the day. 07745 451198 B-Walk Start at 10:00am Egglestone Abbey, Green Bridge, Demesnes 5 miles easy. Leader: John. Tel:01833 650034</p>
<p><b>Saturday 2<sup>nd</sup> June 2 Walks in conjunction with Barnard Castle Meet - Leader: Jo Tel:01833 637756</b></p> <ol style="list-style-type: none"> <li>10:30am start at Scar Top (end of Galgate by Church), Barnard Castle, 2½ leisurely miles of riverside and the yards.</li> <li>1:30pm start at Scar Top, Barnard Castle, 2 leisurely miles of riverside, the Demesnes and The Bowes Museum.</li> </ol>

**Monday 4<sup>th</sup> June (Bank Holiday)**

Leave Health Centre at 9:00am to meet the leaders 10:00 am near the disused quarry, Cotegill Bridge on B6259 8 miles South of Kirkby Stephen. Grid ref: SD 774 968. Hard panoramic 9 miles to Wild Boar Fell (can be shortened to 7 miles) with 450m (1500ft) ascent. Leaders: Frances and Richard. Tel:01833 660780 Mob: 07932 180575.

**Wednesday June 6<sup>th</sup> Slide Show "West is Best" (Namibia) by David Selby.**

7.30pm in the Methodist Church Hall, Barnard Castle. Admission including teas/coffee £3. Everyone welcome.

**Saturday 9<sup>th</sup> June**

Leave the Health Centre at 9:00am. Cars to Nenthead Leadmine car park (NY 781 436) to meet the leader at 10:00am. Please use the public area. Walk via Alston Moor - Garrigill - South Tyne - Ashgill Force - Seldom Seen - Leadmines. 9 miles - moderate. 2 climbs. Total ascent 500m (1640ft). Café in the mine complex.  
Leader: Walter (01833 640307) Mobile on the day 07796393111

**Saturday 16<sup>th</sup> June - Coach Trip to Malham Leave Barnard Castle 08:15 arrive at Malham 10:30**

A-Walk Malham Cove – Settle 8 miles moderate, leaders: Joan and Ian

B-Walk – Malham – Goredale Scar – Malham Tarn – Settle. 12 miles hard. Leader: Richard

Non Walkers will have time for leisurely walk round Malham before bus returns to Settle (at driver's discretion)

B-Walk may change depending on weather. 2 Hours in Settle before return to Barnard Castle ETA 8:30pm.

Booking via Maureen (£5 deposit required further info on Web Site when available): Tel:01833 637601

**Thursday 21<sup>st</sup> June**

Meet the leaders at Aldbrough St John (on the village green) Grid Ref NZ 203 114, for a 10am start. Mary Wilde Bridge, Carkin Fields, Kirk Bridge, Mary Wild Beck. 6 -8 moderate miles of fields, minor roads and tracks. To include look inside Church of John the Baptist, Stanwick and visit to Stanwick Fort either during or after the walk. Lots of earthworks to be seen in the area. Bring a packed lunch. Leaders Joan and Ian. Tel. 01833 637825. Mobile on the day. 07745451198.

**Sunday 24<sup>th</sup> June**

Leave the Health Centre 08:30 to meet the leader 10am at the car park, Newgate Bank (Grid Ref SE 563 890 ) on B1257 5 miles north of Helmsley - Plantation, Helm House, Sun Inn, Rievaulx Moor.  
Leader Dave. 12 Hard miles. Tel: 01287 623495

**Saturday 30<sup>th</sup> June**

Meet at 1:30 pm at Cotherstone Village Hall(Grid Ref: NZ 012193) for a moderate/easy 8-mile circular walk, followed at approx. 5:00pm by a BBQ at John and Linda's house (BBQ for Barnard Castle RA members only). Cost £7.00 per person. Please advise if you are coming by Thursday, 28th June. Members who wish to attend the BBQ but not the walk and vice-versa are welcome. Leaders: John and Linda (Tel: 01833 650034 )

## BARNARD CASTLE RAMBLERS' GROUP 2012

### NOTES TO ACCOMPANY THE WALKS PROGRAMME

1. Unless otherwise stated, the meeting place is the Health Centre car park in Barnard Castle (off Victoria Road) to car share to the start of the walk. Please car share as much as possible to reduce costs and any potential parking issues at the start of the walk, and try to share the driving.
2. If you require a lift, please ring the leader at least 24 hours beforehand to check that someone will be at the Health Centre. (If the leader isn't available or can't help, ring Richard on 01833 660780). Car passengers should expect to pay towards the driver's petrol money.
3. If you intend to go straight to the walk starting point, **please ring the leader in case the walk has had to be changed.** Also, **if you tell the leader you are going to the start point and then change your mind please let the leader know** so they are not waiting around for you.
4. Leaders may do alternative walks to those on the programme. In any severe weather the route may be altered - or the walk cancelled. Please ring the leader if there is any doubt regarding weather conditions.
5. Take into account the grade of the walk, the weather conditions and your level of fitness
6. Always make sure you are adequately dressed and equipped for the grade and conditions. Boots are advisable on most walks. Always carry waterproof clothing and adequate food and drink, with some to spare. We recommend that you carry emergency rations. In case of accidents. We also recommend that you routinely carry an appropriate emergency blanket or survival bag .(lightweight, under £5 from outdoor shops), whistle, torch and personal first aid kit.
7. Please do not walk ahead of the leader unless they have advised that you may, and do not leave the group without letting the leader know.
8. If you wish to take a dog on one of our walks, please **check with the leader first** as many walks are not suitable for dogs. This is especially so on farmland where there may be cows with calves.  
**Dogs must be on a lead at all times.**
9. We respectfully request that smokers be considerate to other walkers.

**INSURANCE:** Please note that the leader is not responsible for any accident to persons or property on our walks.

**FOOTPATH PROBLEMS** should be reported to the Footpaths Secretary, Mr John Bird, Tel 01833 650034 or email [bcrfootpath@gmail.com](mailto:bcrfootpath@gmail.com) . You can also report problems directly to the Public Rights of Way Officer at Durham County Council - email [prow@durham.gov.uk](mailto:prow@durham.gov.uk) . If you choose to do this, please send a copy to John Bird.

**MEMBERSHIP OF THE RAMBLERS ASSOCIATION :** details can be obtained from the membership Secretary Mrs Joan Martin Tel 01833 637825 or email [bcrmembers@gmail.com](mailto:bcrmembers@gmail.com)